



Directing Change Suicide Prevention films and descriptions

All That Matters

Butte County, Pleasant Valley High School

An inspiring story about the special bond between two brothers and how recognizing the warning signs and reaching out to help a loved one in distress can save a life.

https://youtu.be/ZULmaT_RNC8

There is Always Hope

Sacramento County, Franklin High School

An animated film about two girls, which illustrates the warning signs for suicide and the importance of reaching out to an adult if you're worried that someone is thinking about suicide.

<https://www.youtube.com/watch?v=JVwwOX9CvIk>



A New Tomorrow

Sonoma County, Analy High School

When one friend begins showing warning signs for suicide, a friend notices and seeks the help of a school counselor.

<https://www.youtube.com/watch?v=IFFICLJNbQ8>

The Empty Seat

Riverside County, Murrieta Valley High School

Friends recognize warnings signs in a friend and reach out to support her. Together, they connect her to help.

<https://youtu.be/2JnSSZOJDVM>

Speak Out

Riverside County, Boys & Girls Club San Gorgino Pass

Friends notice the warning signs for suicide in a friend and seek the advice of their basketball coach, a trusted adult who reaches out and follows up with their friend.

https://youtu.be/17OYLzMV8_g

Tell Someone

San Diego County, Del Norte High School

A story told in a poem and filmed on stage shows a girl who experiences thoughts of suicide. Her friends and family notice warning signs and reach out to her and call the National Suicide Prevention Lifeline for help.

<https://www.youtube.com/watch?v=0bGhtSTfJnE>





The Signs

Orange County, Canyon High School

<https://www.youtube.com/watch?v=JntB4ah4cF8%20>

A film focused on educating about the warning signs for suicide using an easy to remember metaphor of a car and traffic signs.

This Isn't the End

Placer County, Whitney High School

A girl who experienced thoughts of suicide reflects on how her friends noticed the signs and reached out to help her when she needed them most.

https://youtu.be/saUmM8_LXY

Pain Never Lasts

Riverside County, UC Riverside

A spoken word/poetry film about the struggles young men face, narrated by an African American male who reminds young people that pain never lasts and to hold on.

<https://www.youtube.com/watch?v=tAB94H4-E54>



Never Underestimate the Power of Friendship

Placer County, Whitney High School

A young girl feels alone and is in crisis, when her three girl friends notice the signs, they quickly drive to her house and come together to support her.

<https://youtu.be/ovTb4XYt4wo>

Not Alone

Riverside County

La Sierra University

With the help of his basketball team, an African American youth is reminded of his own strength, that he is not alone, and that there is help.

https://youtu.be/R8G_FxZOwLM

Leap of Faith

Riverside County, Murrieta Valley High School

A story of two best friends and how one notices the warning signs for suicide, confronts him directly, and reaches out to connect him to help.

<https://youtu.be/Ew-YT8cPUoQ>

