2017 Selection of Through the Lens of Culture PSAs (60-seconds)

Suicide Prevention

My Friend Tyler
Placer County, Whitney High School
Language: Spanish with English subtitles
A film that tells the story of a girl who notices signs of suicide in her friend Tyler and reaches out to support him and connect him with help.
https://youtu.be/gq4B8tB84io

Suicide on Indian Country
Humboldt County, Humboldt County Transition Age Youth Collaboration
Language: English with English captioning
Native youth discuss how their culture, language, family, and ceremony can heal and restore their people to help prevent suicide on Indian country.
https://youtu.be/0lRYraBAZis

隱された思い (My Hidden Feelings)
Orange County, Canyon High School
Language: Japanese with English subtitles
A film that tells the story of a girl who experiences anxiety and hopelessness and finds support from a friend who reaches out to her.
https://youtu.be/aTRqBfKvH1g

“The Words that Pull Me Down”
San Diego County, Torrey Pines High School
Language: Arabic with English captions
A student expresses her feelings of isolation and how she learned to accept her differences and realize she is not alone.
https://youtu.be/LXIdxfU4r_8
**Reading the Signs**
Sonoma County, El Molino High School
Language: American Sign Language with English captions
A student discusses his personal experience with depression and thoughts of suicide and how his friends encouraged him to get help.
https://youtu.be/W2e93ulpInY

**La Superación de Problemas**
Los Angeles County, Northview High School
Language: Spanish with English subtitles
A film about a boy with suicidal thoughts and his hopeful journey to find help.
https://youtu.be/YX68oSSYuBo

**Bag of Sadness**
Sacramento County, Franklin High School
Language: Mandarin with English captions
A young person shares her experience with depression and how a friend showed her support and understanding, helping her to unburden herself from her “bag of sadness”.
https://youtu.be/Fi_IpgU4N1s

**Celebrate**
Humboldt County, HCTAYC
Language: English with English captions
A film about the power of reaching out to support LGBTQ youth.
https://www.youtube.com/watch?v=sqmi7TlQ0G4